



Operation
#makingmasks

Join in!

Make reusable face masks*
For you, with your children, for others
Help protect those you love

*This is not a medical product. It does not filter viruses from the air you breath. It does offer some protection for others if you have a virus and don't know it. You need to continue with regular hand washing and social distancing even when wearing a reusable mask

Wash your mask at least at 60°C / 140°F after each use.

Never touch or put on a mask with uncertain hygienic status.



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Bundschuh, Paar, Schöpfel, Blair)
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Benefits of this reusable face mask

- Leading virologists say there are some benefits of wearing reusable masks, even though they do not filter air borne viruses.
- Simple face masks give some protection for others, if you have the virus but don't know it, and if you cough, sneeze or splutter.
- They can provide some protection for you too, you won't touch your nose and mouth as often and not transfer the virus to you from surfaces you have touched.
- You help to ensure there are medical/ surgical masks available for all medical staff and hospitals.
- It makes sense to wear a mask where there are others, such as the supermarket, the pharmacy, the doctors and at work.

Can I make one?

- Yes it's easy! Everyone who can sew or has a sewing machine and wants to join in can!
- Sew for yourself, for your loved ones, friends and colleagues!
- Sew with friends on zoom/whatsapp or facetime!
- Sew for your doctors office or for your supermarket around the corner.*
- If you have a craft or sewing business, why not sew and sell?*
- Why not offer your masks to local pharmacies for them to sell*
- Why not collect sewn masks share and distribute them online?*
- Sell them online* and donate the returns to say the Red Cross?
- Or just use the pattern and pass it on!

* As a giver and as a receiver, either wash them at 60°C / 140°F and dry, or boil for at least 5 minutes and dry. After washing or boiling only touch them with well washed or disinfected hands. Never touch or put on a mask with uncertain hygienic status.